

MEPH PARTNER'S GUIPE

HELP FEED 50 CHILDREN FOR A MONTH!



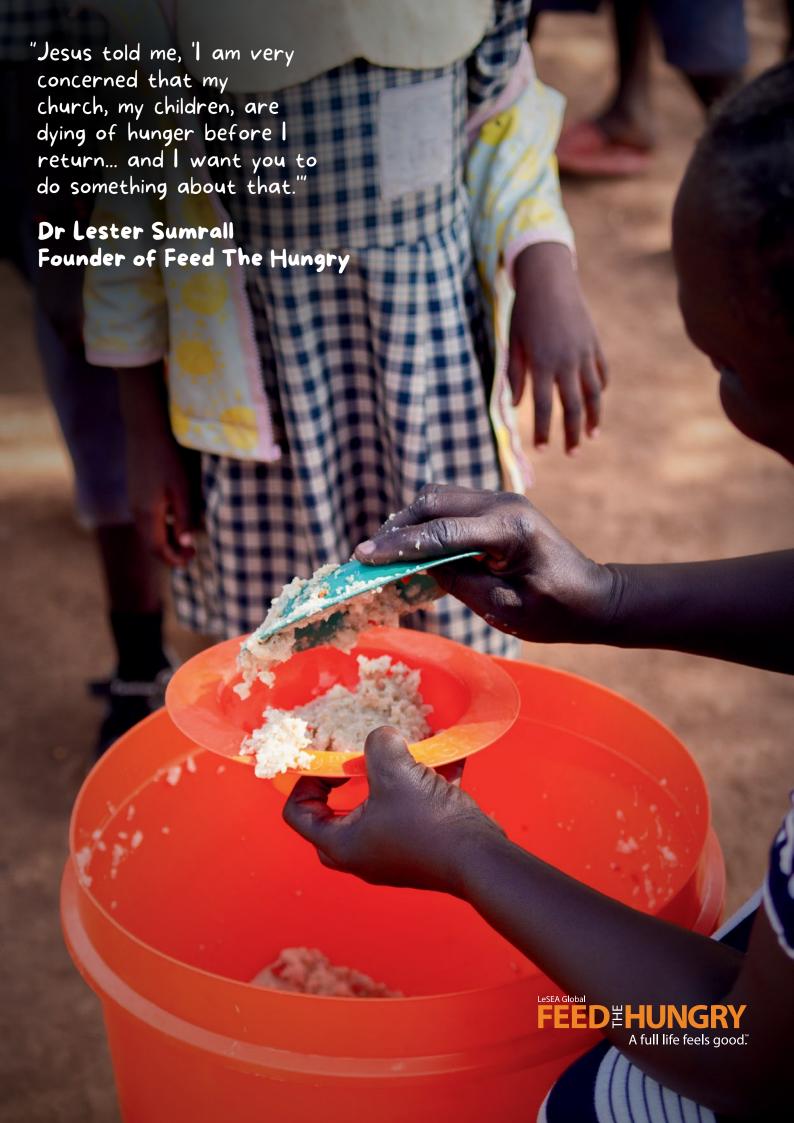
TAKE AWAY PAY 29 HUNGER PAY 29





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Welcome to the 2025 Take Away Hunger Day team!

We're so glad to have you on board. Thank you for bringing your passion to this vital mission.

Because of your commitment, thousands of children in Uganda will experience life-changing support.

Your mission:

Help provide a month of nutritious meals for 50 children.

Every meal packed and provided on Take Away Hunger Day is served in schools—nourishing body, soul, and spirit. You're not just giving food—you're helping change lives.

The Impact Ahead:

Refugee children fed and learning, growing strong in body and spirit, and experiencing God's love in action. And you played a vital role in making that happen.

On Take Away Hunger Day 2025, you'll help spark an outpouring of generosity as listeners respond—bringing joy, restoring hope, and changing the lives of vulnerable refugee children in Uganda. These children may never meet you or your listeners, but they will never forget what has been done for them.

"For I was hungry and you gave me something to eat,
I was a stranger and you invited me in." — Matthew 25:35

Thank you for pouring your time, talents, and creativity into something so powerful. Your enthusiasm and leadership inspire your community—and help make a lasting difference for children in Uganda who need it most.

With deep gratitude,

Feed The Hungry team Benjamin, Sebastian, Lauryn, Maxine & Silvia

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THANK YOU













TAKE AWAY HUNGER 124













YOUR APPEAL CALENDAR



Take Away Hunger Day will take place on Thursday 21st August 2025, running from 6:00 AM to 6:00 PM as **a single-day, nationwide event.**

To ensure its success, we're rolling out a multi-channel communication strategy covering pre-event promotion, real-time engagement during the event, and post-event follow-up.

We encourage you to begin awareness phase activities now, leveraging the rich content available—including photos, videos, and blog stories—to build momentum within your communities. This early groundwork is key to raising awareness and creating excitement leading into the big day.





SCAN HERE TO VIEW THE SUGGESTED AWARENESS SCHEDULE

Social Media Engagement

We'd love to see what you're doing in your community! Tag your posts so we can share your efforts and celebrate the impact together.

Share your creative ideas and campaign activities using our official event hashtag:

#TAKEAWAYHUNGERDAY #TAHDAY25





MORE THAN A MEAL

You're providing a future...

It starts with an urgent meal and provides so much more.

Refugee children in Uganda are some of the most vulnerable in the world.

They've fled violence in neighbouring countries, like South Sudan and Sudan, some barely escaping with their lives.

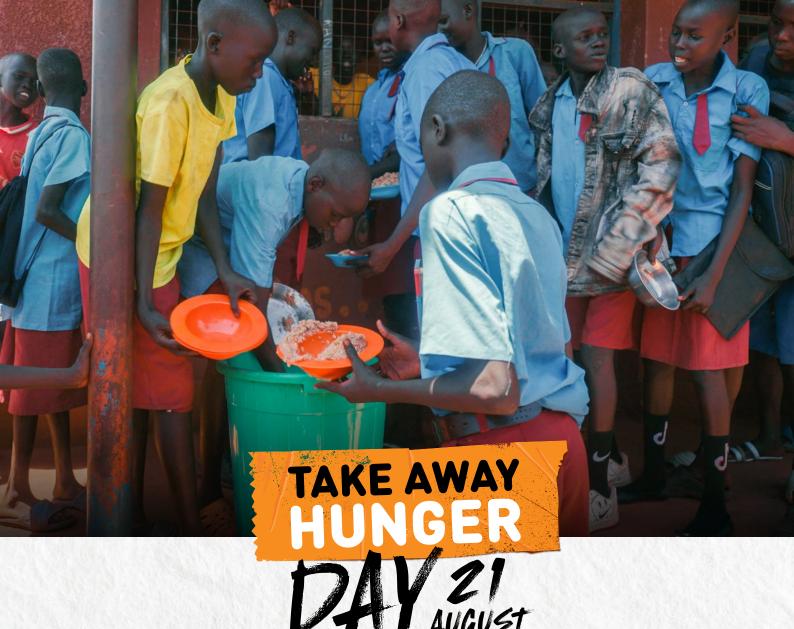
They have very little possessions. They're hungry and struggling to survive.

In refugee settlements, education provides hope for the future. But hungry children will never choose school over food... it's not really a choice. On Take Away Hunger Day, you are providing the urgent meals children need right now.

Providing a meal at school every day means children don't have to worry about their next meal anymore, creating the opportunity to learn.

Through Feed The Hungry's school-based feeding programs, children also hear about the God who loves them and they find hope for the future.

Children can now learn, dream and play. They get to be kids again.



Just \$6 provides enough meals to feed a refugee child for a whole month!

\$60 feeds 10 hungry children

\$120 feeds 20 hungry children \$300 feeds 50 hungry children gry children – that's the size of a Ugandan classroo

\$600 feeds 100 hungry children – that's the size of a Ugandan classroom!
\$6,000 feeds 1,000 hungry children

Through your generosity today you will provide more than a meal, you'll help give children hope for the future.

Call 1300 00 55 14 or visit rhema.fm to give.



- It's **Take Away Hunger Day!** And your gift today of **just \$6 can feed a refugee child in Uganda for an entire month.** You're not just providing a meal you're giving hope and a future. Join this lifechanging mission today. To give today call **1300 00 55 14** or visit **rhema.fm.**
- Right now, thousands of children in refugee settlements in Uganda are waiting for a meal a meal you can provide. For \$60, you can feed 10 hungry children for a whole month. Today is Take Away Hunger Day on Rhema Wide Bay. To give, call 1300 00 55 14 or visit rhema.fm.
- When you give \$6 today, you feed a child a hot, nutritious meal every single day for a month. It's Take Away Hunger Day a chance to make a powerful impact. Together we will feed 50 children today. To give today call 1300 00 55 14 or go online to join this vital cause.
- Imagine a child going to school hungry now imagine you can change that today. **\$600 could feed** a classroom of refugee children for a whole month. On Take Away Hunger Day, your generosity today brings food, education, and hope. Call **1300 00 55 14** or visit rhema.fm.
- Take Away Hunger Day is here and you can be the difference. Just \$6 provides a nutritious meal every school day for a whole month to a child who needs it. Don't miss the opportunity to transform a life. To give call 1300 00 55 14 or visit rhema.fm.
- Hunger steals childhood. But your generosity in this moment gives a child a meal, education, and a chance for a brighter future. Today is **Take Away Hunger Day** and your opportunity to provide life saving meals. Together with your fellow listeners you can help feed **50 children** today. To give call **1300 00 55 14** or visit **rhema.fm**.





Every day, children in Uganda's refugee settlements face hunger – but you can help change that.

Just \$6 can feed a child for an entire month at school. You can join Feed The Hungry on Take Away

Hunger Day and provide life saving meals through your generosity. Simply call 1300 00 55 14 or go
online to give today at rhema.fm.



It's **Take Away Hunger Day** – a day to erase hunger from a child's life. **Your \$60 gift today feeds 10 refugee children for a month** – giving them energy to learn and grow. Stand with these children today. To donate call **1300 00 55 14** or visit **rhema.fm.**



When you give on **Take Away Hunger Day**, you're not just feeding a child – you're feeding their future. A simple \$6 meal pack feeds a hungry child for a whole month at school. Make your gift count – call **1300 00 55 14** or visit **rhema.fm**.



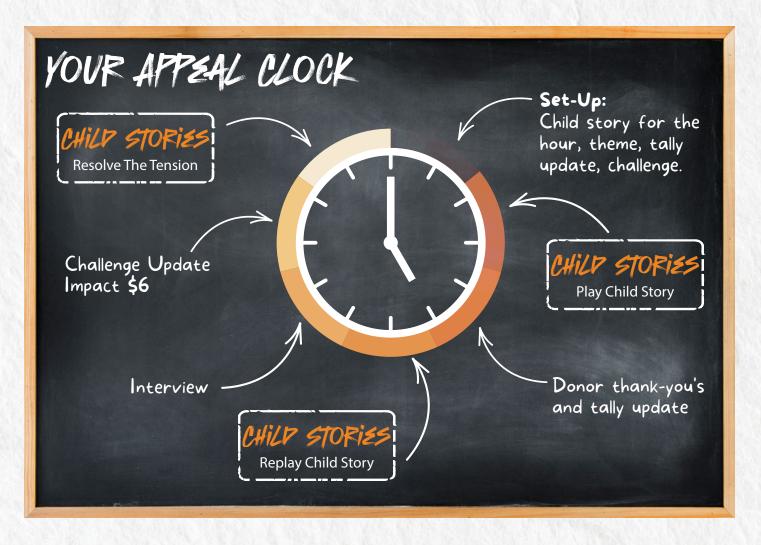
War and hunger have robbed children of their childhood – but your gift on **Take Away Hunger Day** can restore hope with life saving meals that lasts a month. Help a vulnerable child today. **A gift of \$600 could feed an entire classroom of children** – call **1300 00 55 14** or give online at **rhema.fm**.



Take Away Hunger Day is your opportunity to stand with refugee children. **Just \$6 provides meals to a child in school every day for a month** – nourishing their body and their dreams. Be generous – call **1300 00 55 14** or visit **rhema.fm**.



Just \$6 on Take Away Hunger Day feeds a child for a whole month – helping turn hunger into hope, and hunger into education. Your gift today will change lives. Today you can join with you station and feed **50 children.** Pick up the phone – call **1300 00 55 14** – or give online now.



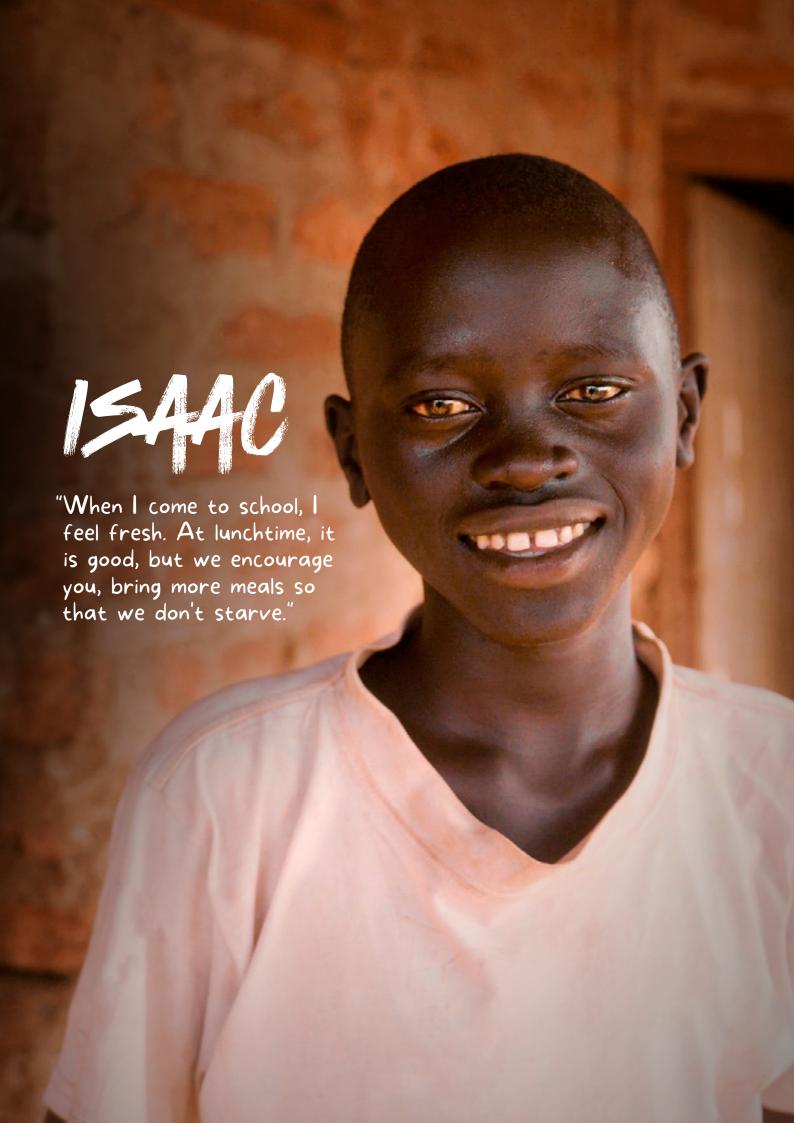
When hosting Take Away Hunger Day, we suggest utilising an appeal clock when planning your shifts. Create targets for your hour and invite listeners to contribute to the goal.

Appeal Clock:

- Set up the hour introducing the day, focus on child story or theme, give a tally update and set a new challenge.
- 6–7 talk breaks per hour, in 1–2 minute bursts.
- Include 2–3 audio clips during the talk breaks, mixed in with interviews and information.
- Thank donors on air using your real-time dashboard. Dashboard will show donor names, comments, phone numbers.
- Conclude the hour by resolving the tension of the narrative arc or show the impact of donations; avoid introducing a new story or ending without resolution. Child Story Components can be found in the child story section.









Meet Isaac, a 16-year-old refugee who loves music, dancing, and football —yet faces daily challenges just to have enough to eat. Your actions today can help change the future for a child like Isaac because it's Take Away Hunger Day on **Rhema Wide Bay!**

In Audio File:

Isaac-Dictor-108sec-A human being cannot live without eating.wav

- I'm Isaac, a 16-year-old who loves music, dance, and football.
- I lost my father and mother and am being supported by my aunt.
- In Uganda, many like me face hunger, eating just once a day.
- School offers some relief, but meals are scarce.
- We urgently seek your help to provide more nutritious lunch packs, as it's impossible to thrive without breakfast or lunch.

⋒Ø **REACTION:**

Share your personal reaction to the story and end with a call to action...

(A) CALL TO ACTION:

You can help feed hungry refugee children like Isaac today. A gift of \$60 will bring hot nutritious meals and a brighter future to 10 children for a whole month.

Today we are aiming to feed **50** children. To give, call 1300 00 55 14 right now or visit **rhema.fm**



MEET ISAAC Male | 16 years old

- Loves football (soccer), music and dancing.
- · Has lost most of his family to war.
- Dreams of becoming a doctor just like his late mother.

SUMMARY

Isaac is a lively 16-year-old South Sudanese refugee in Uganda, hiding daily struggles with hunger behind his joyful demeanour.

Orphaned and cared for by his aunt, Isaac resides in the Kiryandongo settlement, where the absence of parents makes survival challenging for many.

Thanks to the support of Feed The Hungry, Isaac receives a daily nutritionally reinforced lunch at school, vital for his health, education, and energy.

Beyond school, he assists his uncle, preparing for planting season. With aspirations to honour his late mother by becoming a doctor.



Isaac is the life of the party. At school, he always draws a crowd of friends and peers who love to listen to his funny stories. He loves football – Bukayo Saka is his favourite player from Arsenal, and playing games with his friends.

But his open smile and joyful dance moves hide the turmoil this 16-year-old experiences every day when he returns home and finds there's nothing to eat.

"I came to Uganda when I was very young," says Isaac, a South Sudanese refugee. "I don't have my father or mother. Only my auntie; she's the one taking care of me."

Many of his friends in the Kiryandongo refugee settlement are orphaned or separated from their families. The loss makes their very survival even more difficult.

"Everything here, it is too hard because many of us lost our parents," Isaac says. "We have nothing to eat."

But through the support of Feed The Hungry, Isaac receives a hot, nutritious lunch at school every day. Each nutritionally reinforced rice pack contains everything he needs to grow healthy and strong. Importantly, it gives him the energy he needs to concentrate in class and pursue his education.

But your support is urgently needed to continue to provide these life-saving meals.

"A human being cannot stay for the whole day without eating breakfast or lunch, and then you only eat at night. That is impossible!" says Isaac.







"When I come to school, I feel fresh. At lunchtime, it is good, but we encourage you, bring more meals so that we don't starve."

With the nutrition he needs, Isaac has the energy and strength not just to study but to help his uncle on the weekends, slashing the grass to prepare for the next planting season.

When their crops grow, they will take the first fruits to the church as an offering to God, to thank Him for His provision.

"God is great because He created me and He's been keeping me for all these years. He is giving me life and He's also showing me how to get my food," Isaac says. My mother was a doctor, and now Isaac is clinging to the hope that he can carry on her legacy of caring for others by becoming a doctor himself.

As he shares a meal – and a funny story – with his friends at lunch, a long way from his homeland and without his parents, he still has hope that the future is bright... thanks to friends like you.

"We pray so that God will help us finish school.

When we are healthy, then we can get something good!" says Isaac.



SCAN TO WATCH ISAAC'S SHORT STORY



WHEN SURVIVALE REPLACES CHILDRON

A DOCUMENTARY



Every child wakes up with a dream. But not every child wakes up with breakfast.

This documentary follows two boys on opposite sides of the world. One has safety, school, and support. The other fights through hunger just to make it through the day.

Watch what happens when their worlds connect through acts of kindness, and discover how you can make hope possible for children like Isaac.



SCAN TO WATCH ISAAC'S FULL DOCUMENTARY





Meet Rodina, a 13-year-old refugee from Sudan who loves learning, dreams of a brighter future, and now calls Uganda home. You can help change the story for more children like Rodina today, because it's Take Away Hunger Day today on **Rhema Wide Bay!**

▶□ | □□ AUDIO FILE:

Rodina-Abelmaged-45sec-learned english in 1 year.wav

- My name is Rodina, a 13-year-old from Sudan living in Uganda due to war.
- · I love learning English, math, and science.
- Through the support of Feed The Hungry, lunchtime meals help children concentrate better on lessons.
- This vital nutrition enables focus and enhances learning, and we're grateful for the Mannapack lunches and thank you for your support.

© REACTION:

Share your personal reaction to the story and end with a call to action...

(A) CALL TO ACTION:

Today it's Take Away Hunger Day and you can give the gift of nutritious meals in school to children like Rodina. Just \$6 feeds a child for a whole month. How many children could you feed today? Call 1300 00 55 14 right now or visit **rhema.fm.**



MEST ROPINA Female | 13 years old

- · Fled Sudan because of conflict.
- Her parents were working as doctors and are now farmers.
- · Dreams of working in the medical field.

SUMMARY

Rodina, a 13-year-old refugee from Sudan, once lived a stable life in Saudi Arabia before conflict forced her family to flee to Uganda.

Life in the Kiryandongo refugee settlement was a stark contrast, with her parents now farming instead of working as doctors.

At school, hunger affected her concentration until support from Feed The Hungry provided a daily nutritious meal. This reliable lunch improved Rodina's focus, supporting her dream to follow her parents' medical path.

Grateful for the support, she enjoys sharing happy moments with friends at school. "We thank you for bringing food – and may God bless you!" she says.



Before her life was turned upside down by the war, Rodina lived with her parents and siblings in Saudi Arabia. Her parents both worked as doctors in a medical laboratory. But when their work contract finished, they returned to Sudan.

Months later, they were fleeing for their lives as conflict exploded in their homeland.

"We tried to go out... we travelled through very hard places. Men had guns and there were some people from our area dying. We travelled by bus and by car. We even travelled by donkeys!" says 13-year-old Rodina.

Her life in the Kiryandongo refugee settlement in Uganda was very different to Saudi Arabia or even the familiarity of Sudan. Her parents were no longer working in a lab; instead, they were digging in the fields to grow food. Her friends were left behind and lost to her. It was a scary and lonely time.

She found comfort at school where she could continue learning.

"When we came to Uganda, I learned English. When we were in Sudan, I was just learning Arabic. Now, I love English, mathematics and science," she says.

But most days, she would look around the classroom and see empty seats. Many of the children who arrived in the morning would have drifted away by the afternoon in search of food.

Hunger was everywhere – at school, at home. Morning and night she would think about food and long for her old life.

Even with her passion for languages and desire to learn, she struggled to stay focused.







"When there is no food, I feel that I am hungry and not concentrating in the lessons. Before, there was no one at school; few pupils remained."

But with the support of Feed The Hungry at school, she and her friends received a hot, nutritious meal every day.

A reliable lunch completely changed her ability to learn and concentrate in class. Instead of leaving in search of something to eat, children could concentrate on their teacher's words and dream of a better future.

"When I have eaten, I feel satisfied, and I can concentrate in my lessons," she says.

Today, Rodina still thinks about her old life and the losses she has endured. But the atmosphere at school is different. She can concentrate and learn; she hopes to follow in her parents' footsteps to become a doctor or a medical technician working in a laboratory one day.

As she eats with her friends, she says: "I like to be playing with my friends, sharing with them my things. We play together, we can be at school together, yes, enjoying life together."

"We thank you for bringing for us food – and may God bless you!"









Maias, a resilient 12-year-old in Kiryandongo refugee settlement, faces each day with determination and dreams beyond her circumstances. Despite hunger and hardship, she presses on with hope for a brighter future. Today, you can change the future for more children like Maias because it's Take Away Hunger Day!

(a) AUDIO FILE:

Maias-Wesam-62sec-Wants to become a dentist in canada.way

- My name is Maias. I am 12, living in Uganda after fleeing war with my mother and sister.
- Life was good before now all is lost and it's hard to adjust.
- We live near a bar which is open until midnight, and we often deal with people trying to break in.
- Food is never enough, but your support makes my dreams of becoming a dentist in Canada possible.

⋒Ø **P REACTION:**

Share your personal reaction to the story and end with a call to action...

(A) CALL TO ACTION:

Today you can help more children like Maias receive nourishing meals at school, fuelling their dreams and resilience. Just \$6 can feed a child for a whole month. Your gift right now will help turn hunger into hope for the future. Call 1300 00 55 14 now or visit **rhema.fm.**



MEET MAHS Female | 12 years old

- · Left Sudan due to conflict.
- · Now resides in Uganda.
- Dreams of becoming a dentist in Canada.

SUMMARY

Maias is a 12-year-old refugee in Uganda, who dreams of becoming a dentist in Canada while coping with harsh realities of her current life.

Forced to flee Sudan, her family now resides near a bar in the Kiryandongo refugee settlement. Her mother, a former engineer now battling health issues, inspires Maias.

Hunger and crowded schooling pose challenges, yet Feed The Hungry's meals fuel her education and ambitions. Despite her circumstances, Maias remains hopeful, believing in a better future and inspired by memories of her past life.



In the heat and dust of the Ugandan refugee settlement, 12-year-old Maias is dreaming of snow.

Forced out of her home in Sudan at gunpoint, she fled for her life with her mother and sister. They left behind everything of the life they had built – their home, their car, all their possessions, their neighbours and all their friends at school.

Now, as she walks through the noisy, crowded streets of Kiryandongo refugee settlement, she dreams of pristine white fields and the chill of a Western winter on her skin.

"I'd like to become a dentist in Canada," she says.
"The weather, the people there... the nature of
the place. I would like to play in the snow."

Her daydreams take her half a world away from her humble surroundings. Her little family lives in a flimsy home behind a public bar. It's close to the hospital in case her mother needs to see a doctor – she has an ongoing heart problem – but it comes with risks. "Sleeping at night is a problem... [drinkers] make a lot of noise," says Maias. "Shouting, making problems. They're even trying to come to break into our house. A lot of problems."

Problems at home, and problems at school. It's very difficult to concentrate in class because of the hunger that gnaws at her stomach. She does her best to forget her troubles and concentrate on the lessons. But it's not easy.

Her mother's health is on her mind. Once a well-respected and well-paid engineer, her mother lost everything when they fled the war. She is doing her best to provide for her daughters.

"My mum really cares about us and loves us, but she has some issues. She has a heart problem and also asthma. But she was an engineer in Sudan, so she knows mathematics very well. She used to teach me," Maias says proudly.







As Maias wanders to class for another morning, she listens to her older sister's chatter and wonders if she will have something to eat for lunch. Her stomach hurts.

Fortunately, Feed The Hungry is on the ground, providing hot, nutritious meals for the children at school. Maias waits in line with her friends to have her plate filled.

"I think it's a very important thing, because some kids can't afford food," says Maias, as she eats. "So they eat at school. I have a friend who was suffering... when they started giving food to us at school, she started coming to class!"

The meal helps her to stay focused in the afternoon. She knows that she will have to study hard if she is to fulfil her dream of becoming a dentist. But as she copies down notes, she is still dreaming of Canada and the better life she will one day lead.

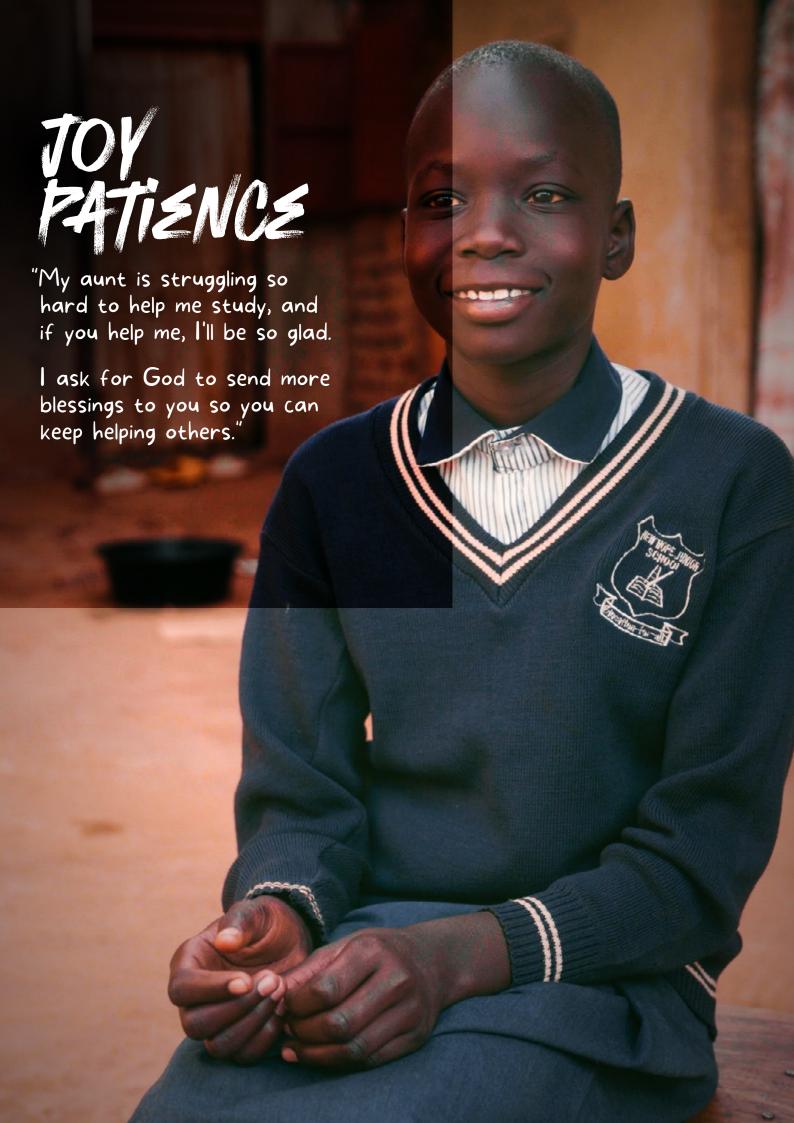
Even as she remembers the past, she is holding onto hope for the future.

"My sister and I sometimes talk about the life we lived, the school at home," says Maias.

"We had everything good... but now I tell myself, 'God will make everything better. No condition is permanent."



SCAN TO WATCH
MAIAS'
SHORT STORY





I want you to meet Joy Patience. As a refugee child living in Uganda she experiences hunger and hardship. Your action today can give her and children like her hope and a future. It's Take Away Hunger Day and we want to feed **50** children together as a listening community today.

DITURN AUDIO FILE:

Joy-Patience-57sec-I feel helpless when I'm hungry.wav

- My name is Joy Patience, a 12-year-old living with my aunt in Uganda since 2014.
- I lost contact with my parents after fleeing South Sudan.
- My aunt, who I now call "mother," struggles to provide for my siblings and me.
- Thanks to God and Mannapack school meals, my classmates and I don't go hungry.
- The food allows me to focus on learning and gives me hope for better days.

⋒Ø **REACTION:**

Share your personal reaction to the story and end with a call to action...

(A) CALL TO ACTION:

Because of your generosity in this moment, children like Joy Patience can learn, play, and dream. You can make a lasting difference through every meal. To give life saving meals today visit rhema.fm.



MEST TOY Female | 12 years old

- She has damaged vision from repeated eye infections.
- She dreams of becoming an accountant...
 to help others keep their money safe.

SUMMARY

Joy Patience, a 12-year-old refugee in Uganda, bears the scars of South Sudan's civil war—separated from her parents, suffering from chronic illness, and living in uncertain conditions. Despite these hardships, her most urgent daily struggle is hunger. Your compassionate support through Feed The Hungry means children like Joy Patience receive nutritious meals at school.

These meals restore her health, fuel her learning, and allow her to dream again. With the care you provide, Joy Patience can attend class, play, and hope for a future as an accountant—helping her family and others. She shares deep gratitude for your generosity, asking God to bless you for making a life-changing difference for children in need.



Joy Patience Gama lives every day with the scars of South Sudan's civil war.

Her vision is damaged and she struggles with chronic eye infections. Her health problems are a response, she thinks, to the many illnesses she suffered as she fled the violence as a very young child in 2014.

Separated from her family, she was fortunate to escape with her life. Now 12 years old, she has no idea what has become of her parents – where they may be, or even if they are still alive.

"I'm living with my aunt, my siblings, and my cousins," she says.

"My aunt tried reaching my parents. Maybe they will be dead, or they are alive, but we don't know where they are."

Without her parents, she presses on as best she can, despite her health complications. Medical support is rare in the Kiryandongo refugee settlement in Uganda. Medicine is hard to find.

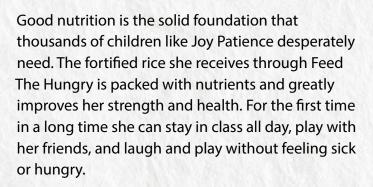
But Joy Patience faces an even more urgent fight every day. The fight against hunger.

Your generous support through Feed The Hungry will help feed hungry children like Joy in Uganda and make a powerful impact on their everyday lives.

"When it's lunchtime at school, all of us are happy when they cook for us," she says. "They take it to class, and we eat and all of us are full. We can learn well and understand well."

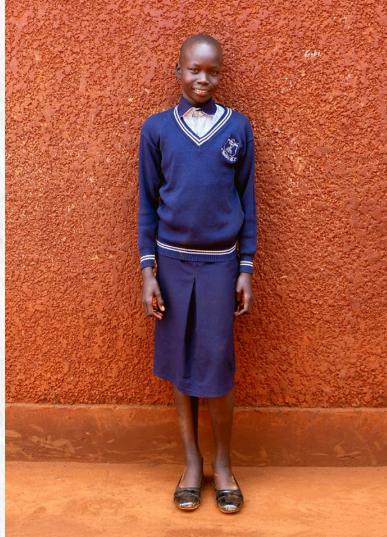






You might be surprised at her dream for the future... this dedicated 12-year-old wants to become an accountant. She says it's important to be able to plan for the future – and accountants are experts at planning!

"Accountants help people by keeping their money safe, and they help them to plan how to budget and buy things," she declares.



Joy is dreaming of a stable, secure future when she and her family can meet their needs – and help others do the same.

And she has a message for you, to thank you for your generous support today:

"My aunt is struggling so hard to help me study, and if you help me, I'll be so glad. I ask for God to send more blessings to you so you can keep helping others...

"For people who are supporting us, I would like to say a very big thank you!"





SCAN TO WATCH JOY'S SHORT STORY



Before I came to Uganda, we lived in a small village," Andrew says softly. "The war was too much... the bad guys attacked us and everything was destroyed. People like us can't fight people with guns."

Andrew was just a child when his family was murdered in the conflict in South Sudan. Only he and his younger sister survived, but they were captured by fighters.

"They made us work for them like slaves. Me and my sister tried to run away, but she was shot. I was five, she was four. She told me to run. I ran."

Taken in by an elderly farmer, Andrew helped work the fields and did household chores. "He took me in as his own son... He brought me to this school. Before he died, he told me, this is the school where I will finish my education."

But Andrew struggled to concentrate in class. He was haunted by his sister's death and traumatised by the noisiness of the school yard. In the shouts of his friends, he heard the echoes of gunfire. With no one to care for him, he had to make his own money to buy food and basics, like shoes.

"I have no way to support myself, so it's really hard to look for money in Uganda... I used to come barefooted to school. My friends would laugh at me. That's why I had to work hard and buy these shoes so I cannot be laughed at anymore." But there was a good reason to attend class every day: lunch.

"Lunchtime, it's often well! People get served equally and become full. For me, as a refugee, I have to eat anything that comes my way!"

Fuelled by a healthy meal each day, Andrew's mind could focus and he began to thrive in the classroom.

"When there is food, there's always fast learning," he says. "When there's no food, some people starve, but they endure it because they know they cannot do anything." Wearing the shoes he earned himself, and with a full stomach, Andrew looks forward to afternoon classes.

He's turning his eyes to the future and trying to leave behind the horrors of his past. For the first time, he can see a better life is within reach. "I like science," he says. "I want to become a scientist and help people out there who are not able to help themselves. I want to provide them medicines that will cure them."



Your support can change everything for children like Andrew — giving him strength, hope, and a reason to dream again. You can make a real difference right now, because just \$6 will feed a child hot nutritious meals for a whole month!

In AUDIO FILE:

Andrew Gimigu-Jok-108sec-It's fine everyone has to endure pain.wav

- Andrew is a 15-year-old refugee from South Sudan lost his family in a brutal attack on his village.
- He was captured and made to work as a slave, and eventually escaped to Uganda.
- Rescued by a kind farmer, Andrew found refuge, education, and solace.
- Despite enduring hardship and ridicule, Andrew works tirelessly to provide for himself after the farmer's death, even earning his own shoes.
- School meals offer him vital nutrition and hope for the future.

REACTION:

Share your personal reaction to the story and end with a call to action...

(A) CALL TO ACTION:

Because of your generosity right now, children facing unimaginable hardship can look forward to a brighter tomorrow. Children like Andrew can receive life saving meals, giving them the opportunity for a brighter future. You can help take away hunger today — one meal at a time. To give in this moment visit our website.



MEST ANDREW Male | 15 years old

- He was enslaved as a young child after a brutal attack on his village.
- · When fleeing slavery, his sister was killed.
- · He dreams of becoming a scientist.

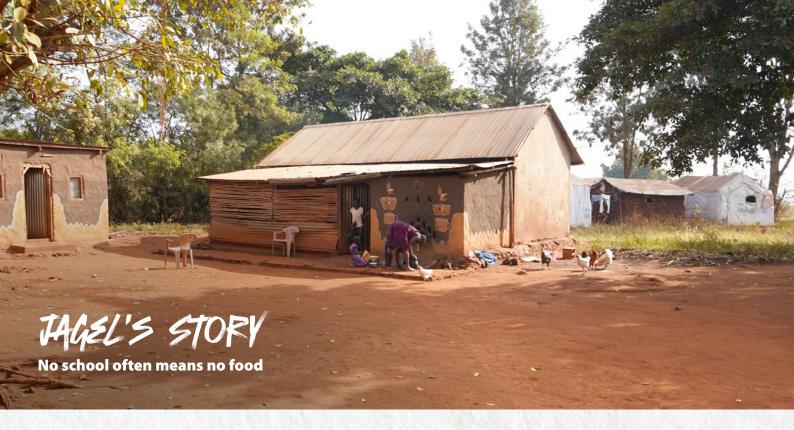
SUMMARY

Andrew, a young refugee in Uganda, endured unimaginable hardships as a result of the war in South Sudan.

Orphaned and enslaved at a tender age, he survived the nightmare of losing his sister as they attempted to escape.

Alone, he faced the challenge of supporting himself. He found solace in education — and the promise of a nourishing school meal.

Through Feed The Hungry's feeding program Andrew receives the nutrition they need to learn and thrive. With a full stomach and shoes he worked hard for, Andrew dreams of becoming a scientist to help those in need.



Jagel hates the school holidays.

When school is out, he finds himself drifting along the streets, hoping to see a friend. Hoping that he will find something to eat.

School is much better. School is where his friends are, giggling with him in class and laughing in the playground. And school is where the food is... thanks to generous friends like you.

Separated from his parents by war in South Sudan, he was brought to Uganda by his neighbours. Now 14, he lives with his neighbours but is largely left to his own devices. He says:

"It's not easy for me to get my money for school fees. It's a problem. And when my neighbours cannot give me food, I can only survive on the food at school... that's why I'm surviving."

Faced with such hardships, it makes sense that he would rather be at school, surrounded by friends, than hungry and alone.

Through Feed The Hungry, he can eat a hot, nutritious meal with his friends in his lunch break. Without that support, he says many days he would eat nothing at all and studying would become even more difficult.

"If I was hungry in class, there's nothing I can do. I can only revise and read my books. That's the only thing that I can [spend my time on] because I know education is everything."

This boy with the shy smile has already suffered much in his young life but he is determined to press on. He says he doesn't really have a dream for his future, only that he wants to help other people: "When I finish my study, when I get work, I'll be... helping others. Life is too hard to me... Yes, it is hard. It is hard, but I can just try."

Yet his face lights up when he is surrounded by friends in the school yard, and eating a meal with the people he loves best.

"When the time for lunch comes, they can give me a plate and I can eat with them and laugh together with them, and I can be happy. Yes!"



I want to introduce you to Jagel, a 14-yearold refugee in Uganda. He finds comfort in school amidst adversity. He values the friendships and nourishment provided by Feed The Hungry, which fuels his dedication to education and hopes of helping others. Today you can help provide the life saving meals that fuel his hopes for the future.

DIVIDITY AUDIO FILE:

Jagel-Kong-107sec-to give to someone is a gift to god.wav

- Jagel, a 14-year-old refugee from South Sudan, recounts his tumultuous journey to Uganda, separated from his mother and reliant on neighbours.
- Despite hardships, including limited access to food, he finds solace through meals provided by Feed The Hungry.
- School offers him hope, friendship, and education, allowing him to forget his troubles momentarily.
- Determined to finish his education, Jagel aspires to help others.



Share your personal reaction to the story and end with a call to action...

(A) CALL TO ACTION:

Your generosity today ensures that children like Jagel receive essential school meals, enhancing their learning and brightening their futures. Just \$6 will provide hot nutritious meals in school. Your gift right now will pave the way for dreams to flourish. To make a difference today visit our website.



MEET TAGEL Male | 14 years old

- Loves to be with his friends at school.
- Hates the school holidays because it means no food.

SUMMARY

Jagel, a 14-year-old refugee in Uganda, longs for school days, where friendships and meals provided by Feed The Hungry make life bearable.

After fleeing war-torn South Sudan, he lives with neighbours, struggling with food and tuition fees.

School offers him solace, friendship, and sustenance. Although his dreams remain undefined, Jagel is committed to education and helping others.

He cherishes the school meals that allow him to learn and connect with friends, believing it's a crucial step towards creating a brighter future despite harsh conditions.





Christine, head teacher at Ematong
Primary School in Kiryandongo, leads with
compassion and resilience, guiding more
than a thousand refugee children through
daily challenges in the classroom — and life.
Today you can provide the much needed
food that help them learn and grow, because
it is Take Away Hunger Day.

DIVIDITE AUDIO FILE:

Madam-Christine3-59sec-What well fed children are like in school.way

- I'm a teacher, and I've seen how vital meals are for my students.
- When children are well-fed, they're active and engaged, but hunger makes them lethargic and miserable. Knowing there's food at school brings them early; they're hopeful and focused.
- Our water points are filled because eating encourages hydration, but without meals, children lack the energy to come to class.
 Food at school boosts attendance and keeps children learning.

REACTION:

Share your personal reaction to the story and end with a call to action...

(ALL TO ACTION:

Your support in this moment enables Christine to serve nourishing meals that transform lives and fuel hope for her students. Just \$6 provides hot nutritious meals for a child for a whole month. Your gift today will help children overcome hunger and embrace a brighter future. To help more children thrive call 1300 00 55 14 or visit the website.



MEET CHRISTINE Head Teacher, Ematong Primary School

- Oversees 1,100 students and 27 teachers.
- Despite many hardships, her school has won district awards in education.

SUMMARY

Christine, head teacher at Ematong Primary School in Kiryandongo refugee settlement, Uganda, faces numerous challenges as she teaches children primarily from South Sudan.

Despite hurdles like cultural differences and chronic hunger, Christine is dedicated to education. Feed The Hungry's meal program provides essential nutrition, enabling students to focus and learn.

With limited resources, Christine and her team manage to support 1,100 students, earning district awards for their achievements. She expresses deep gratitude for the unwavering support from Feed The Hungry and its supporters, who are vital to overcoming daily challenges.



As head teacher at Ematong Primary School, Christine has faced every challenge you can think of. Her school is in Kiryandongo, a refugee settlement in Uganda. The majority of her students are South Sudanese refugees who have fled violence, leaving everything behind. Many have lost parents, family members and friends.

Almost all of them face chronic hunger in their daily lives. Name a challenge and Christine has stared it down: fighting, drugs, absenteeism, dilapidated classrooms, a lack of toilets, scant resources, cultural differences, language barriers.

Yet this softly spoken educator commands respect among the students and is determined to fight for their future. The first step is to encourage school-aged children – whether Ugandan or South Sudanese, Muslim or Christian – to come to class, despite the many challenges they face.

"We kept on giving them the reasons why we want them to be together. We are one. The issues of war ended there, but we have come here purposefully for education. We also went ahead sensitising the parents."

Along with cultural difference between groups, hunger is the highest barrier to education.

"When you are in the class, you can see a child is crying. You ask, 'What is it?' and they say, 'I've gone two days without eating."

But with the support of Feed The Hungry providing a hot, nutritious lunch at school, Christine and her teachers can meet this challenge. The fortified rice meals give the children the strength they need to focus in the classroom and keep learning throughout the day. And it may be, for some, the only and best meal of the day. That's why it causes such a stir at lunchtime.







"When there is food, everyone would run... Their food is there. They are very, very happy... They like the food so much."

With roughly 27 teachers in charge of upward of 1,100 students at the school – with some support from teachers' assistants, translators and parents – Christine and her staff have their work cut out for them.

But she says the reward of seeing children learn fills her with pride. Students from the school recently won district awards for science and innovation. And seeing how far her school has come in a short time of serving the community's children gives her confidence that every obstacle can be overcome.

Christine has one more reason for confidence – the support of friends like you, partnering with Feed The Hungry to ensure that hungry children can eat a good meal and stay in the classroom. She says:

"Thank you for loving us always... You are always with us, and when they ask us about organisations that have never left us, Feed The Hungry is one of them. So we are very grateful for that. Thank you!"



"Oh, God, how can it be like this? It shouldn't be like this. Children should never be this hungry in the world that we live in. Nobody should."





As a Feed The Hungry donor, Jodie experienced first-hand the daily hunger faced by children in Uganda's refugee settlements. Her journey opened her eyes to their deep need — and the incredible impact your generosity can have. Just \$6 can feed a hungry child for an entire month. Today on Take Away Hunger Day you can help change a child's life.

DITURN AUDIO FILE:

Jodie-McEwen1-120sec-Describes Lunch time at a school.way

- Jodie visited Uganda and was shocked by what she saw.
- Children were desperate for food; some had no plates or bowls or cups and were merely using bits of paper or plastic bags.
- She remembers seeing a plate spill and children scrambling on the ground to get it because they were so desperate for food.
- These children need your support.

⋒Ø **P REACTION:**

Share your personal reaction to the story and end with a call to action...

CALL TO ACTION:

Your support today means children like those Jodie met can eat, learn, and hope for a better future. Just \$6 feeds a child for a month.

A gift of \$60 will feed 10 children for an entire month. Your gift today will provide hot nutritious meals. To give your best gift you can call 1300 00 55 14 or visit our website.



MEST JODIS

Feed The Hungry Supporter

Australian mum and passionate supporter of Feed The Hungry visited Uganda. Witnessed first-hand the desperation of children relying on a daily meal.

- Thought she understood hunger, until she saw a child eating rice from a dirt floor after dropping his lunch.
- Can speak powerfully as a parent: "My kids will never know hunger like that."
- Was struck by the resilience, hope, and joy of children who've experienced war, trauma, and extreme poverty.
- Witnessed children bringing torn paper or used plastic bags just to collect their only meal for the day.



Jodie is available for interviews booked through your dashboard.



Jodie is a Feed The Hungry supporter who gave to help feed hungry children through Take Away Hunger Day 2024. This year, she was given the opportunity to visit the children in Uganda.

As it turns out, she was not quite ready for what she saw on the trip. She sat down to share a little of her experience...

"When I got invited to come to Uganda, my gut feeling was like, yes. And I was like, I should probably chat to my husband and pray about it... before I just make a decision. But my gut reaction was, yes, I want to go".

This is an amazing opportunity. I'm a donor for Feed The Hungry and it was just too good an opportunity not to see first-hand the work that they do.

These children have an incredible strength. A lot of them are orphans. They have been through war. They've walked for days on foot, or they've been grabbed by a stranger and just told to run. So often they're totally separated from their families.

And yet, these kids have resilience and strength and the desire to make a better life for themselves.

They're really keen to study; they're desperate to get to school.

I didn't expect the heart wrench. I knew it would break my heart but... there's nothing that prepares you for the moment when a child says, "This is the only food I get all day".







On the first day, we arrived at one of the schools at lunchtime and I got to see the beautiful women cooking in these enormous pots the size of a washing machine... The kids were hungry and I got to help.

So I'm crouched on one side of this big pot with the teacher on the other side, and the kids bring us their plates and we scoop rice and hand it on and then the next one, and the next one, and that sounds simple and orderly but the crush of kids, I wasn't prepared for it.

You could feel it – they were hungry to come forward because this was the only food.

I was just overwhelmed by this enormous surge of desperation and, in that moment, I was like, "Oh, God, how can it be like this? It shouldn't be like this. Children should never be this hungry in the world that we live in. Nobody should."

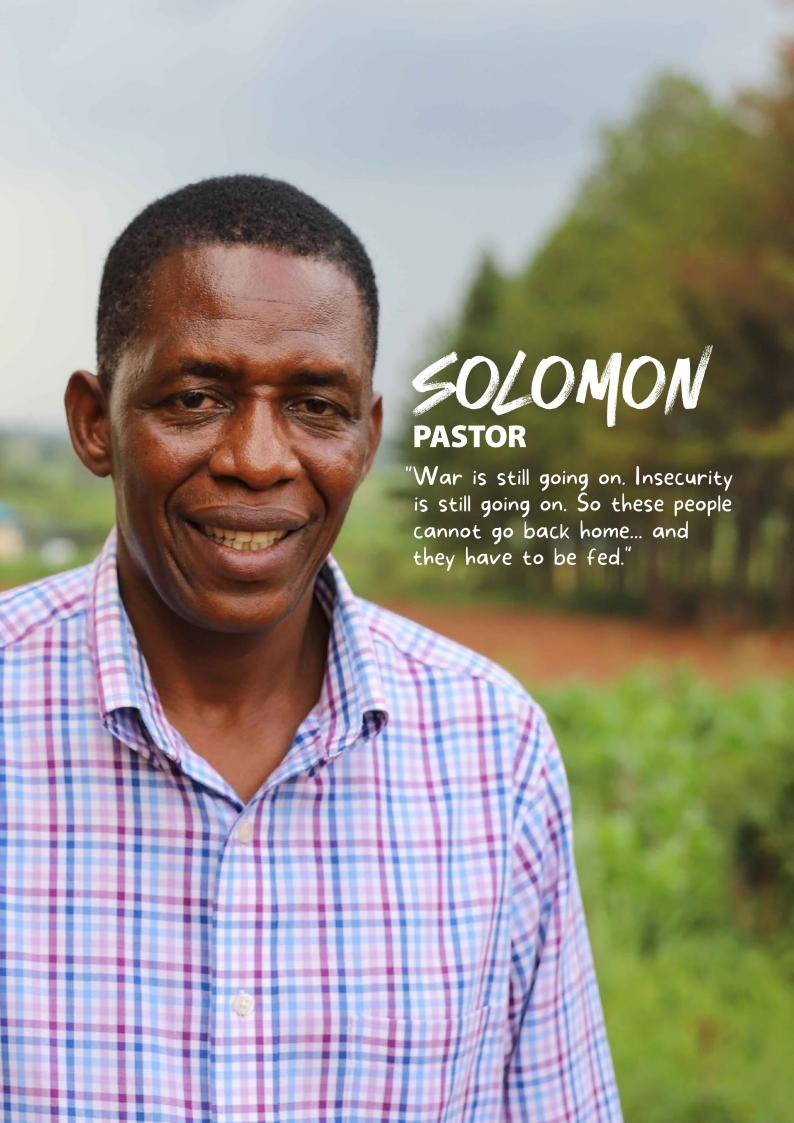
I'll never forget that as long as I live.

I'm a donor and I believe in what Feed The Hungry does. Take Away Hunger Day is so important.

As a mother, how could I not want to feed these children? I want to do everything in my power to make sure that those kids have food for the next day. That they have a meal that will help them concentrate and learn and get through to the next day.



SCAN TO WATCH
JODIE'S
SHORT STORY





Thousands have fled violence in South Sudan. And thousands more cross the border into Uganda every year. Feed The Hungry's National Director, Pastor Solomon, is on the ground. This is the urgent picture Solomon paints from the front-lines... and just why your generosity today — on Take Away Hunger Day — is so desperately needed.

AUDIO FILE:

Solomon-Mwesige2-102sec-Need in Uganda.wav

- Refugees from Sudan are arriving in overwhelming numbers, resources are scarce.
- People receive just \$3 a month for all their needs
- Jobs are non-existent here, even for Ugandans.
- Countless lives are marked by hunger and hopelessness, and the need is greater than ever before.

© REACTION:

Share your personal reaction to the story and end with a call to action...

(A) CALL TO ACTION:

There's no doubt that there is a challenge. But you can make a difference in this moment! Just \$60 feeds 10 hungry children for an entire month. Your generosity today will help provide life saving meals and create a brighter future for children in Uganda. To give in this moment call 1300 00 55 14 or visit our website.



MEET PASTOR SOLOMON

Director of Feed The Hungry in Uganda.

- Raises awareness of the needs of the vulnerable and helpless in Kiryandongo.
- Overseeing the daily feeding of 76,639 children in Uganda.
- Witnesses first-hand the harsh realities of life in refugee camps – where children's coffins were more common than chairs.
- Strong faith leader who believes sharing and service define our humanity.
- Has witnessed children once given months to live, now thriving because of regular meals.



Pastor Solomon is available for interviews booked through your dashboard.

During Take Away Hunger Day Pastor Solomon will be based at **MELBOURNE 89.9 THE LIGHT**.



Pastor Solomon says the reality of suffering on the ground in Kiryandongo would break your heart...

But the hope that you're helping to bring will lift your soul.

Raised in a relatively comfortable home, Pastor Solomon says the plight of thousands of refugees opened his eyes to just how fragile life can be.

"I come from a family that is privileged. My father was a wealthy guy, a prominent farmer. I did not really know much about suffering... And then you come here [to the refugee settlement] and see hopelessness.

"Nobody looks at the sky – they're hungry, they're confused, they're challenged."

For years, he's been speaking up for the poor and the vulnerable in Ugandan refugee settlements like Kiryandongo. It's become his life's purpose to raise awareness of the situation and to meet the need as best he can as Feed The Hungry's National Director in Uganda.

"When I come here, I see how life can be cruel and how it can be unfair... But I feel fulfilment when I come here. I see purpose. Because humanity is about sharing. I get challenged – but I also get energised to do more!"

So many have fled the violence in South Sudan and crossed the border into Uganda – the majority are women and children – and more arrive every month.

"The challenge we have here is more refugees coming into this settlement... on top of the many thousands that are here," says Pastor Solomon.

"War is still going on. Insecurity is still going on. So these people cannot go back home... and they have to be fed."







In the face of such need, your generous support through Feed The Hungry can help bring hope to thousands of hungry children.

This Take Away Hunger Day, your gift of just \$6 will feed a hungry child at school for an entire month! A hot, nutritious meal at school not only helps them grow and develop – it helps them stay focused in class to improve their education.

Your generosity shows them the love of God in action as they're reminded that they are valued and loved. Much more than a meal, you're giving them a future!

For Pastor Solomon, the passion of Australians to support these vulnerable children through Take Away Hunger Day is a great encouragement. "We have to keep them alive," he says, with great passion. "Uganda gives them space to live, but the rest – food, medication, education... this is where we need your help. To make sure that these people are fed until peace returns to their homes.

"Everybody has potential, but these children lack opportunity. You're giving them an opportunity, helping them get food... so they're able to go and get an education, add value, change the mindset.

"I believe that the future of Africa is bright because of what we are doing together among these children!"



SCAN TO WATCH
TAKE AWAY
HUNGER DAY
LAUNCH VIDEO







MEET STEFAN RAVELICH

Chairman of Feed The Hungry Global

Based in Indiana USA, Stefan has served with the ministry since 1995.

Stefan can talk on all areas of Feed The Hungry's international programs, but particularly enjoys talking about:

- Stories of children who have just entered the camp, and children who know where their next meal is coming from.
- · How meals help with education.
- The confronting violence and difficult journey children have taken to get to Uganda.
- Strong advocate for Christian generosity and mission impact, helping donors see how their support saves lives.



Stefan is available for interviews booked through your dashboard.

During Take Away Hunger Day, Stefan will be based at **VISION** in **BRISBANE**.



"They want to learn, but it's so difficult to learn when they've been on an empty stomach.

We provide meals to these children in a school environment so they can learn and be fed at the same time.

And then as a Christian organisation, we also want to share the gospel with them so that we can feed them body, soul, and spirit."





MEET BEN EVANS

CEO of Feed the Hungry Australia.

Having visited over 15 countries and their feeding programs, Ben has met thousands of children desperate for their next meal. 2024 was Ben's 20th year with Feed The Hungry, his heart is to be a voice for the voiceless.

Ben can talk on all areas of Feed The Hungry:

- The feeding program in schools, and exactly what is in the rice meals that help malnourished bodies recover and grow.
- Statistics around the refugee crisis.
- God's heart for children, and why we should help the poor.
- The biblical mandate on Christians to feed the hungry.
- Why you can't choose between your next meal and an education.

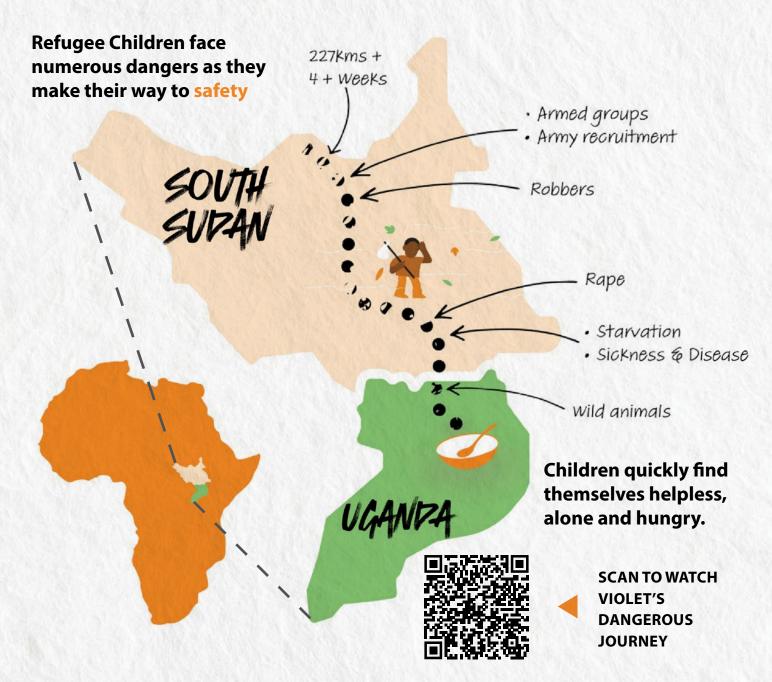


Ben is available for interviews booked through your dashboard.

During Take Away Hunger Day, Ben will be based at **SYDNEY HOPE 103.2 FM**



THE CRISIS FOR CHILDREN IN SOUTH SUDAN



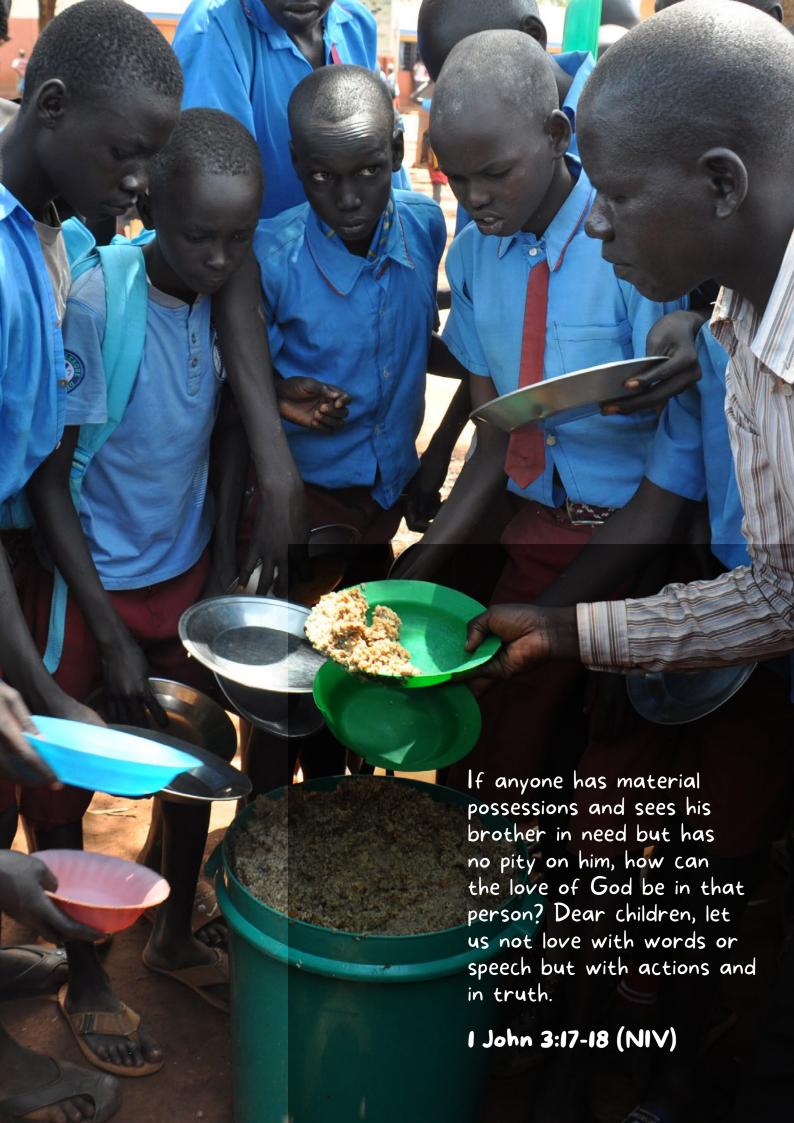
Many children are separated from their parents and travel hundreds of kilometres, running for days. Alone, afraid and hungry, they face new dangers on their way to safety in Uganda.

War and food shortages have pushed innocent children to the brink of starvation in South Sudan. As tribal violence breaks out, they are suddenly running for safety and struggling to survive.

Thousands of men, women and children from South Sudan have been displaced into their neighbouring country, Uganda.

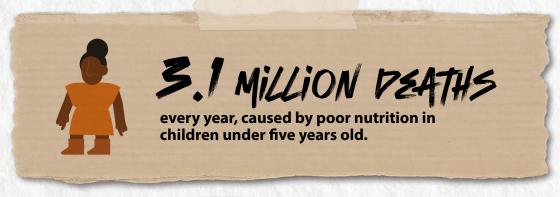
Uganda is currently hosting more than 1.9 million refugees and asylum-seekers from South Sudan and surrounding countries. Around 85% are women and children under 18.

Source: www.unrefugees.org/news/south-sudan-refugee-crisis-explained/



WORLD HUNGER FACTS







Sources: www.wfp.org/hunger/stats, WFP Facts about Hunger and Malnutrition

Worldwide hunger is a devastating problem: one in eleven people do not have enough food to eat. In Africa it is one in five. According to the The State of Food Security and Nutrition in the World 2024 report published by the World Health Organisation "Global hunger rose sharply from 2019 to 2021 and persisted at the same level to 2023. Progress was made towards reducing hunger in some subregions of Asia and in Latin America.

Hunger is still on the rise in Western Asia, the Caribbean and most subregions of Africa. An alarming number of people continue to face food insecurity and malnutrition as global hunger levels have plateaued for three consecutive years, with between 713 and 757 million people undernourished in 2023—approximately 152 million more than in 2019."

The causes of hunger are complex... the effects tragic... the solution simple... \$6 will feed a child for a month!



How is it possible to feed a refugee child for just \$6?

It starts with donated food—generously provided by partners who share a heart for the hungry. They ensure that the nutritious meals are packed & boxed and ready to be sent.

Your gift helps cover the critical costs of getting that food to where it's needed most to make sure it doesn't sit in a warehouse.

Meals are collected, shipped, trucked, and delivered—around the world, arriving as life-saving nourishment for children. Their best & sometimes only daily meal.

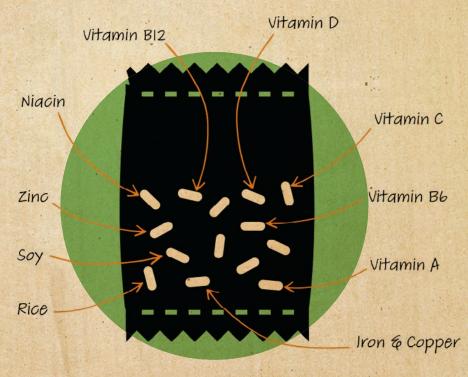




MORE 7HAN A MEAL You're providing a future...

56 rhema.fm 1300 00 55 14

WHAT IS IN A MANNAPACK?



ESSENTIAL NUTRITION

Stronger Bodies

Protein, iron, and vitamin D support muscle and bone growth. Niacin (B3) helps turn food into energy. Copper supports healthy blood and nerve function.

Sharper Minds

Iron, zinc, and BI2 boost memory, focus, and brain health. B6 and BI2 support the nervous system.

Better Immunity

Vitamins A, C, and D strengthen immunity. Zinc and copper help fight illness and aid healing

Improved Growth

Balanced nutrients support overall growth and development. Vitamin C improves iron absorption for energy and growth

Why This Meal Matters for Young Children

Children ages 5 to 10 are in a key stage of growth. Their bodies and brains are developing fast, and they need the right nutrients to stay healthy, active, and focused. This meal supports those needs in a simple, powerful way.

What's in the Meal and Why It's Good

The meal includes rice, soy for protein, dehydrated vegetables, and added vitamins and minerals:

- Rice: Provides carbohydrates for energy
- Soy: Plant-based protein that supports muscles, bones, and immunity
- Dehydrated Vegetables: Add fibre, vitamins, and minerals for digestion and health





INTERRUPTING THE POVERTY CYCLE



For hungry children, choosing between food and school isn't really a choice. Empty stomachs aren't thinking about the future; they're focused on the next meal.

Choosing food over education may make sense today, but it traps children in a cycle of poverty.

Sub-Saharan Africa accounts for close to 30% of all out-of-school children globally. One out of five African children are not attending school.

Feed The Hungry's school feeding programs provide daily nutritious meals, helping children stay in school, learn, and build a better future. A good **MEAL** leads to a good education.

A good **EDUCATION** leads to good grades.

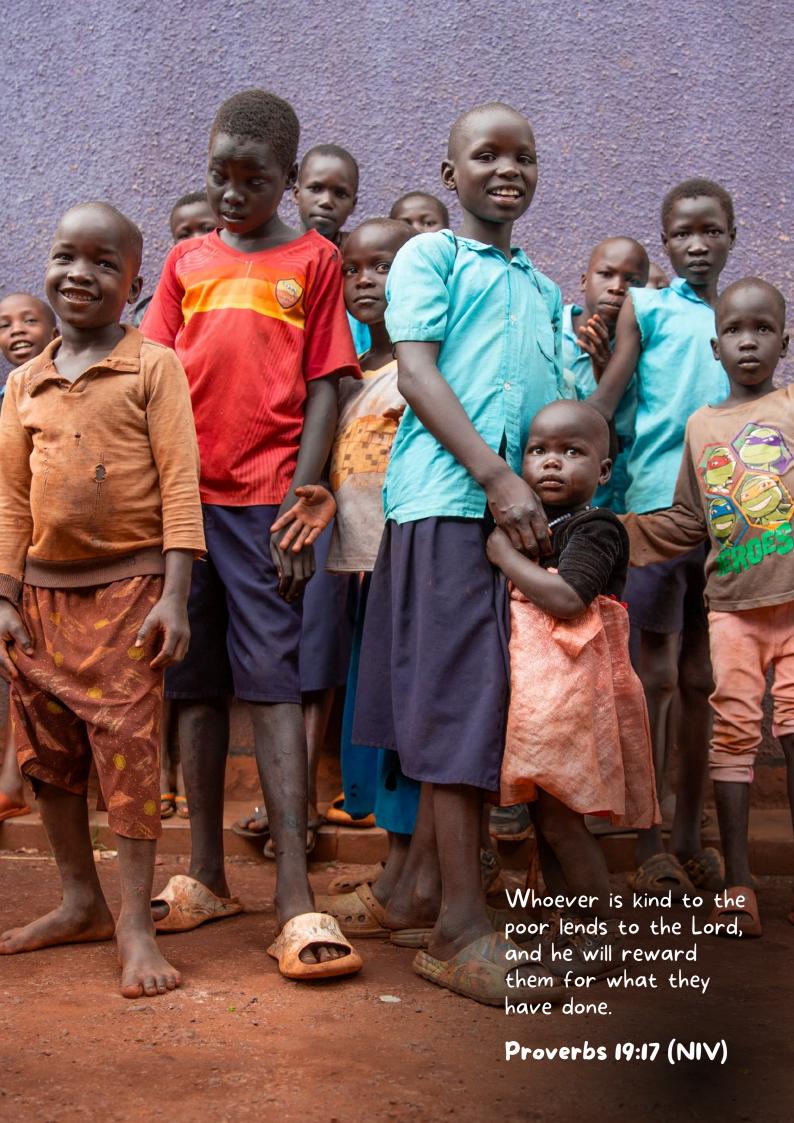
A good GRAPE leads to a good job.

A good **70** leads to a good life.

MORE THAN A MEAL

You're providing a future...







Feed The Hungry believes that as Christians we have a biblical responsibility to respond to the injustice of world hunger with actions of compassion that glorify God and affirm His love for a hurting and lost world.

Feed The Hungry is founded on Matthew 25:35-40 (MSG):

Then the King will say to those on his right, 'Enter, you who are blessed by my Father! Take what's coming to you in this kingdom. It's been ready for you since the world's foundation. And here's why:

I was hungry and you fed me, I was thirsty and you gave me a drink, I was homeless and you gave me a room, I was shivering and you gave me clothes, was sick and you stopped to visit, I was in prison and you came to me.' Then those 'sheep' are going to say, 'Master, what are you talking about? When did we ever see you hungry and feed you, thirsty and give you a drink? And when did we ever see you sick or in prison and come to you?'

Then the King will say, 'I'm telling the solemn truth: Whenever you did one of these things to someone overlooked or ignored, that was me—you did it to me.'



Feed The Hungry provides nutritional security to some of the most vulnerable children in the world.

Working with logistics experts to get into the hardest-to-reach places, means that 626,903 children a day in 23 countries are currently being fed with nutritious life-sustaining meals.

But, we don't do it alone. Children are fed because of strong partnerships with churches and pastors, and volunteers on the ground. These are local partners who understand their situation, alongside teachers who are based in the refugee settlements and know each child by name and their unique situation.

As these meals are needed every single day, every gift and donation to Feed The Hungry makes a huge difference for children.

As we share our abundance, it's possible to say 'yes' to each hungry child who deserves a brighter future. And, as the urgent need is met we're also able to introduce these children to the God who can bring a full life.



Feed the Hungry Snabship Snot The Global Impact Statement combines the projects of 7 International offices (Australia, Canada, Czech, Germany, Switzerland, UK & USA) to feed the hungry.



130,000,000+

meals provided to hungry people worldwide



254 shipping containers sent globally



79%
of global shipping containers paid for by Australia and **New Zealand**



626,903 children received regular

meals across 23 nations



countries around the world assisted



And disaster relief provided through emergency aid and critically needed food to people in Ukraine, Syria, Lebanon and Myanmar.





